

LIVING FAITH: SPEAKER SERIES

SUNDAYS, 10:10 A.M., CHAPTER ROOM (319)



TEDDI BAIR

JANUARY 22 & 29

Teddi Bair, parishioner and therapist, will meet with us to discuss what she's calling Contemplative Neuroscience for Parents: Is it possible to raise well adjusted kids and hold on to your sanity?



MICHAEL CHAFIN

FEBRUARY 5

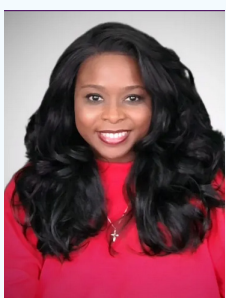
Michael Chafin, a therapist ordained in the Methodist church, will be here to talk about how to care for marriages and other significant relationships.



MARY CHASE MIZE

FEBRUARY 12

Mary Chase Mize, parishioner and psychologist, will talk to us about mental health first-aid and how to care for someone in crisis.



TONYA ECHOLS

FEBRUARY 26

Tonya Echols, parishioner, executive coach and leadership consultant, will talk about living with difference in community.



CAROLINE PARIS MARTIN

MARCH 5

Caroline Paris Martin, therapist at the Cathedral Counseling Center, will talk about a common theme in her practice: identity in a time of disillusionment.



TRIFF COOK AND SUSAN TROUTMAN

MARCH 12

Parishioners Triff Cook and Susan Troutman will talk about how we care for aging parents and loved ones—or our aging selves!



ALLISON HILL

MARCH 19

Allison Hill, parishioner, psychologist and attorney, will talk to us about caring for people in transitions like divorce.



ANDI O'BRYAN

MARCH 26

Andi O' Bryan, parishioner and therapist, will talk to us about caring for people struggling with or recovering from addiction.

The CATHEDRAL of
ST. PHILIP