

# The CATHEDRAL TIMES

The weekly newsletter of the Cathedral of St. Philip · Serving Atlanta and the World · June 8, 2025

## TWO HEARTBEATS: WHEN DEATH AND BIRTH SHARE A SEASON

by the Rev. Salmoon Bashir, Canon for Liturgy and Ecumenism

*For everything there is a season, and a time for every matter under heaven:  
a time to be born and a time to die...* Ecclesiastes 3:1–2a



I had heard this verse countless times, but I had never felt it the way I did this year, when both birth and death arrived in the same season of my life. I had read books and taken classes on processing grief, or on welcoming joy, but no one had taught me how to do both at once. How to hear two heartbeats: one quietly slipping away, the other arriving with the loudest cry. That was exactly what happened to me.

Earlier this year, my mother became ill, not gravely, just enough to keep an eye on. Then, in the early morning hours of Thursday, February 13, I woke up with the urge to drink water. I checked my phone and saw dozens of missed calls. My mother had passed away on her way to the hospital, praying for her children and grandchildren, singing Psalm 139 in Punjabi.

The first few mornings were the hardest, waking up to a world that kept turning, even as mine had changed forever. At the time, my wife Mari was 37 weeks pregnant with our first child.

At winter's end, I lost my mother. At spring's beginning, I became a father. But between mid-February and mid-March, I felt like I was living in Holy Saturday: suspended between sorrow and hope.

After we returned from my mother's memorial service at the Cathedral—where the holy community had gathered in love—our living room was full of memorial flowers and baby shower gifts. Tiny onesies hung beside condolence cards. I couldn't tell which tears belonged to which moment. For weeks, our mailbox delivered both sympathy and congratulations.

The contrast was almost unbearable. As one life slipped through my fingers, another was placed into my arms. I was grieving and rejoicing, aching and overflowing. I thought I had to choose; either mourn fully or celebrate properly but I couldn't. Not in the way I expected.

Two months after my mother's death, and a month after my son's birth, we celebrated Easter. Somewhere in that sacred season, I realized: this is the threshold. This is the crossroad of life and death. And it is holy, the impossible hope of resurrection alongside the deep pain of what has been lost.

That's where I find myself: holding the beauty of a new beginning, and yet deeply aware of who is still absent. And I don't think God asks us to choose between the two. Somehow, both are true. Somehow, both are holy.

A few days after my mother's death, my dear friend Dr. Greg Ellison came by with one of my favorite meals—lamb chops. In our conversation during dinner, he held up his index finger and thumb pressed together and said, “joy and sadness coexist like this together—you can experience joy and sadness at the same time.” I thought of this image of thumb and index finger together for days. It's okay to be sad and joyful at the same time even when you are experiencing great loss and anticipating the best thing in your life. Even now, I sometimes press those two fingers together. I talk to both my mother and my son. I share memories of her with him and tell her how her grandson is doing.

To say the least, if you find yourself this summer in that in-between place—between birth and death, joy and sorrow—know this: your heart can hold many things at once, and God meets us tenderly in all of them. Whether the nurse is waking you up to check your vitals, or you're unwrapping yet another soft blanket for your newborn (which we absolutely love, by the way), know you're not alone. If you're sipping soup brought by a kind colleague while grieving someone you love or holding a tiny new life in your arms while the weight of loss lingers, or if you're laughing while mourning or crying in the middle of joy, know that these moments can coexist. Like a thumb and an index finger.

This crossroad I'm standing on isn't just a season of transition. It's where the Christian life is most honestly lived: between the grief of what's gone and the grace of what's been given. Between loss and light. Between the tomb and the garden.

I understand now: I wasn't meant to choose between mourning and rejoicing. I was being invited to stand at the threshold and to feel the presence of both.





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## *This* SUNDAY

**JUNE 8, 2025** • The Day of Pentecost: Whitsunday, Year C  
Genesis 11:1-9 • Psalm 104:25-35, 37 • Acts 2:1-21 • John 14:25-27

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**8:45 A.M. AND 11:15 A.M. IN-PERSON AND ONLINE**  
**CATHEDRALATL.ORG / THE CATHEDRAL OF ST. PHILIP APP / FACEBOOK / YOUTUBE**

### **7:45 A.M. HOLY EUCHARIST, MIKELL CHAPEL**

Celebrant and Preacher: The Rev. Canon George Maxwell

### **8:45 AND 11:15 A.M. BAPTISMS AND HOLY EUCHARIST, CATHEDRAL**

Celebrant: The Rev. Canon Salmoon Bashir

Preacher: The Rev. Canon George Maxwell

Cathedral Singers:

Gerald Finzi (1901-1956), *God is gone up with a triumphant shout*

Giovanni Pierluigi da Palestrina (1525-1594), *O Rex gloriae*

Baptisms at 8:45 a.m.:

Leonard Cornelius Caldarera-Lorenc, *son of Richard Neil Lorenc and Colin Douglas Caldarera*

Campbell Douglas Caldarera-Lorenc, *son of Richard Neil Lorenc and Colin Douglas Caldarera*

Tinsley Marie Imhoff, *daughter of Morgan Elizabeth Imhoff and John Conway Imhoff*

Georgina Louise Richmond, *daughter of Caroline Burns Richmond and John McLean Richmond*

Charles Ashmore Richmond, *son of Caroline Burns Richmond and John McLean Richmond*

Evelyn Hue Tran

Baptisms at 11:15 a.m.:

David Jackson Bailey, *son of Nell Henson Bailey and Seaton Grantland Bailey*

Beau Parker Bennett, *son of Elizabeth Mathes Bennett and John Bradwell Bennett*

Celeste Laura Brunette, *daughter of Elizabeth Googe Brunette and Jeffrey John Brunette*

Owen Gaige Flint, *son of Alexandra Leigh Morris Flint and Cristifer Gaige Flint*

Wilder James Flint, *son of Alexandra Leigh Morris Flint and Cristifer Gaige Flint*

Henry Burckhardt Haynie, *son of Mary Elizabeth Davis Haynie and Charles Dameron Burckhardt Haynie*

### **11:15 A.M. LA SANTA EUCARISTÍA (SPANISH), MIKELL CHAPEL**

Officiant and Preacher: The Rev. Antonio Brito

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## *Adult* EDUCATION

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### **THIS SUNDAY, JUNE 8**

**Living Faith, 10:10 a.m., Room 239**

We will continue our conversations around Jonathan Haidt's book, *The Anxious Generation*. Whether you are a parent, grandparent, or simply someone concerned about the welfare of others, you will find yourself engaged and challenged by the questions Haidt poses about the health of our society.

**Godly Play Parents, 10:10 a.m., Treehouse Playground**

Sunday School in the Shade! During the summer, join Godly Play Parents and their children on the Treehouse playground! The Treehouse playground is on the first floor, to the right of the elevators off of the Well.

**Hispanic Bible Study, 10:10 a.m., Room 120**

Join the Rev. Deacon Juan Sandoval for Bible study in Spanish.

**Enjoy Biblical Greek! 1:15 p.m., Room 239 and on Zoom**

Open to beginners, this class includes long-term members who translate using grammar aids, lexicons and commentaries, enjoying how the Greek text reveals nuance and depth in scripture.

### **DURING THE WEEK**

**Eat Your Word Bible Study**

*Summer in the Scriptures: Reading Paul's Letter to the Philippians, Wednesdays, 12 p.m.-1 p.m., Room 239 and on Zoom*

All are welcome to this weekly Bible study, led by the Rev. Canon Salmoon Bashir, focusing on Paul's letter to the Philippians. Bring your lunch and come ready for a lively conversation! For more information, please contact Canon Bashir at [sbashir@cathedralATL.org](mailto:sbashir@cathedralATL.org).

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# PRAYER *List*

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## FOR THOSE WITH IMMEDIATE NEEDS:

Larry Boggs • Keith Hinze

## FOR THOSE WHO ARE ILL OR RECOVERING:

**LONG TERM PRAYERS:** R. Huntley Allen • Lucy Baker • Ed Black • Ann and Frank Blackistone, Jr. • Lawrence Booker • Cheryl Bryant • The Bryant Family • Melanie Contreras • The Crossley Family • Rita Daly • Jerri Darnell • Debbie Dewees • Mary Wayne Dixon • Sharon Douglas • Phoebe Forio • Brad Foresythe • Carolyn Foster • Tom Frolik • Susan Gavalis • Jenny Ham • Heather Huber • Gena Inman • Jane Jones • Bennie King • Randi King • Lisa Krysiak • Bonnie Lamberth • Virginia LaMon • William Lane • Liza Lanier • Robert Lewis • Stewart Long, Jr. • Jill Mahaffey • Kit Mason • Tommy Mason • Floyd McRae • Sally Menning • Graham Mulling • Jim Myrick • Charlie Neal • Lori Hegwood Owens • Marian Palmore • Jim Powell • Nancy Qarmout • Amelia Randall • Buddy Redd • Rubye Reid • Lorraine Reynolds • Barbara Rice • Bob Riggins • Agnes Elizabeth Robertson • Bill Roth • Kay Sanders • Nancy Sanders • Louis "Skip" Schueddig • Roberta Shields • Bronnie Smith • Deanne Smith • Tommy Truesdale • Art Vinson • Susan Wilson

**FAMILY AND FRIENDS:** Josephine Rose Adams • Carrie Andrews • Annette Bechtold • Ray and Pat Bell • Jason Borland • Marianna Bortner • Brice Bradshaw • Jason Brady • Trip Bray • Dennis and Robin Bridges • Saint Legend Brown • Chaz Brownfield • Beverly Brownlee • William Brownlee • Anne Bumbak • Memory Calame • Lila Jo Callaway • JoAnn Carrin • Roanne Chandraratna • Stephen Chaussinand • Anna Clifford • Georgia Collier • Linda Connelly • Ellen Cordova • Ava Corroon • Bob Coatney • Leigh Eigel • Mary Kent Ellis • Marilyn Epstein • Adam Freeman • Kyle Garcia • David Garlock • Ann George • Terry Gilliam • Nikki Greenaway • Kerry Gresham • Ted Hackett • Harold Ham • Ryan Hamilton • Joanne Dopp Hamlyn • Carole Ann Harris • Davis Hatcher • Shirley Helmke • Lisa Hoybach • Jane Hunnicutt • Beth Ingle • William Irwin • Jane Jackson • Farley Jenkins, Sr. • Curtis Jones • DaNae Sobeautiful Arzelia Jones • Delores and Lee Josephs • Patricia Kasm • Mary Weston Klein • Nilda Lebrón • Charles Lewis • Pete Livezey • David Lowry • Carolyn R. Lusk • Lauren Makhoul • Charles Robert Marsh, Jr. • Elaine Metcalf • Iris Miller • Jon Moravec • Tom Myer • Larry Mize • Augusta Horsey Nash • Fred Neuschel • Linus Nickel • Alfredo Paniagua • Stephen Pararo • David Raj • Hugh Ripps • Terri Robertson • Elaine Horan Rutledge • Sandra Schrauf • Einar Sagstuen • Joe Salas • Ernest Sandoval • James Sands • Patricia Schooley • Coley Sheats • Lelia Sinclair • Alice Smith-Mather • Michael and Kathryn Snider • Izzy Straus • Cleary Tanner • Pierson Thames • Anthony Torre • Debbie Trawick • Leopoldo Velita • Pat Volpicella • Alex Wade • Suzette Walling • Thomas Watford • John Wilmer • Christie Woodfin • Cutler Woodfin • Hollis Youngner

**FOR THOSE WHO HAVE DIED:** Charles Priester Wilgus

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## *The* CATHEDRAL *of* ST. PHILIP

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The Very Rev. Samuel G. Candler, *Dean*

Dale Adelman, Ph.D., *Canon for Music*

The Rev. Canon Salmoon Bashir,

*Canon for Liturgy and Ecumenism*

The Rev. Canon David E. Boyd III, *Canon for Pastoral Care*

The Rev. Canon Ashley Carr, *Canon for Parish Life*

The Rev. Canon George M. Maxwell, Jr., *Vicar*

The Rev. Canon Julia B. Mitchener, *Canon for Mission*

The Rev. Deacon Linda Rosengren

The Rev. Deacon Juan Sandoval,

*Deacon for Hispanic Ministries and Pastoral Care*

The Rev. Theophus "Thee" Smith, Ph.D., *Priest Associate*

Geoff DeLong, *Senior Warden*

Mary Hall Perrin, *Junior Warden*

### CATHEDRAL TIMES SUBMISSION DEADLINES:

FOR THE **SUNDAY, JUNE 15** ISSUE, THE DEADLINE IS **WEDNESDAY, JUNE 4**. FOR THE **SUNDAY, JUNE 22** ISSUE, THE DEADLINE IS **WEDNESDAY, JUNE 11**.

### TO RECEIVE THE TIMES BY EMAIL:

CONTACT LIZ AULL, LAULL@CATHEDRALATL.ORG.

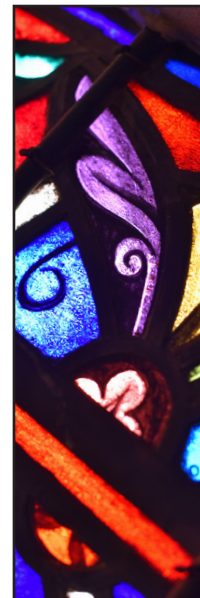
### TO SUBMIT AN ANNOUNCEMENT REQUEST:

CONTACT SARA CRAIG-GOODSELL,  
SCRAIGGOODELL@CATHEDRALATL.ORG.

404-365-1000 | [cathedralATL.org](http://cathedralATL.org)  
*pastoral care emergency line:*  
404-365-1003



CATHEDRALATL





# STEWARDSHIP

## JOIN YOUR GUILD, USHER TEAM, OR SMALL GROUP IN PLEDGING TO THE CATHEDRAL

The Cathedral continues to be a vibrant, growing parish, with numerous small groups. These small groups are one of the best ways to engage with others. From liturgical to spiritual to educational to social, there is a place for everyone here. In the past, working through our small groups, pledge participation has increased almost 20% simply by one, two, or a few more members of that group raising their hand and saying "I want to financially support the Cathedral!" This year almost all of our small groups have over 50% participation, and nine small groups already have 100%! We encourage you to help your small groups reach greater participation! No amount is too small, and all contributions support our groups at the Cathedral. We are a better, more dynamic parish because of these small groups and YOU! To learn more about the variety of small groups within the Cathedral, please visit the website at [cathedralATL.org](http://cathedralATL.org). To pledge, please visit [cathedralATL.org/pledge](http://cathedralATL.org/pledge) or contact David Rocchio at [drocchio@cathedralATL.org](mailto:drocchio@cathedralATL.org) or 404-365-1033.



## CATHEDRAL PRIDE 2025 GATHERING AND FELLOWSHIP

Join All God's Children, the Cathedral's ministry of LGBTQ+ parishioners and friends, for our annual pride fellowship.

**June 28, 1 p.m.**

**Gino's Pizza**  
1740 Cheshire Bridge Rd NE  
Atlanta, GA 30324

Please RSVP at [cathedralATL.org/AGC](http://cathedralATL.org/AGC)



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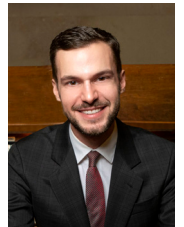
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# MUSIC

## ATLANTA SUMMER ORGAN FESTIVAL RECITAL: NATHAN LAUBE

*Wednesday, June 11, 7:30 p.m., Cathedral*

Nathan Laube is easily one of the very most sought after, beloved performers and organ pedagogues in the world. Highlight performances in the USA include Walt Disney Concert Hall, Los Angeles; Verizon Hall, Philadelphia; Davies Symphony Hall, San Francisco; The Meyerson Symphony Center, Dallas; the Schermerhorn Symphony Center, Nashville and the Kauffman Center in Kansas City. He has performed in the most well-known churches and cathedrals of Europe, including Notre-Dame Cathedral and Saint-Sulpice in Paris, St. Paul's Cathedral in London, the Frauenkirche in Dresden, and the Berliner Dom. We are absolutely delighted to welcome him for his first recital at the Cathedral of St. Philip—this will be an evening not to be missed! *Presented by Delbert Lowell Jacks in memory of Thomas Ruben Jones, and the Friends of Cathedral Music at the Cathedral of St. Philip. Suggested donation \$15 at the door.*



# OUTREACH

**BOTTLED  
WATER DRIVE**  
**THROUGH JUNE 16**



## BOTTLED WATER DRIVE

Drop off cases of water through June 16

It's starting to get hot on the streets of Atlanta! Help keep our unhoused neighbors hydrated and cool by making a contribution to our community partner, Crossroads Community Ministries, by June 16!

*Please drop off bottles in the Bookstore sitting area located on the right side of the Atrium as you enter through the main doors.*