

CATHEDRAL TIMES

The Weekly Newsletter of the Cathedral of St. Philip, Serving Atlanta and the World

July 20, 2014

Bear Fruit During this Summer through Good Conversation

Embracing the fruit of the spirit on a daily basis allows for good conversations. Good conversations promote good energy, happiness, communication with one another, and contentment with oneself.

Summer is a time when many life events occur: weddings in all of their splendor, outdoor activities, explorations of all types, family gatherings, travel, changing ways of being with one another, rediscovering oneself and beginning again, retirement, and in those quiet moments, contemplation.

The pace of life is slower and we give ourselves permission to participate in longer and even deeper conversations. We find ourselves embracing community, which may be of a different configuration. These different configurations of persons gathered permits new ideas and possibilities to permeate our thinking and actions. Those new conversations are key in making new decisions, seeing a new viewpoint and considering the reality of life from another vantage point.

We, as responsible persons, take care of the necessary business of life and adjust to the nuances of living. As we age, we find ourselves discussing the handling of estate details, just in case anyone in the family is listening. Our wills, living wills, advance directives, and end of life decisions are documented. We 'rest' within ourselves knowing that all of our earthly possessions are taken care of if the unforeseen happens to us or in the event of our death.

We may mention these realities of life in conversation, in passing when a moment presents itself. However, it is far better to have these desires of the heart documented. Whether you are an adult child or an uncle, aunt, niece, nephew, or other friend or relative, the aging process for all is occurring.

It is happening. So, it is good to have a conversation about circumstances of life, this summer, while the pace is a little slower and families are enjoying one another.

We usually pay close attention to our bodies and its care. What about spirituality?

Spirituality, in conversation, is more often focused toward wellness and wholeness of mind, body, and spirit. People of faith—Jews, Christians, Muslims and others—place an emphasis on having belief and grounding in a supreme being.

Spirituality for many becomes finding the inner self through the love that God has for us and seeking the love that we as Christians are commanded to have for one another.

The unanswered question for many is, "How do I care for the spiritual side of my life?" Or one may say, "I have been going to church all of my life and I still have questions about God and growing spiritually."

What do we do in caring for each other as family members and move forward on the journey of our lives? How do we discuss those issues which center around aging without raising fear and uncertainty in others? How do I talk with Mother or with Dad about growing in faith when they say that their faith is private? How do I talk with Dad about no longer driving when he is so fiercely independent?

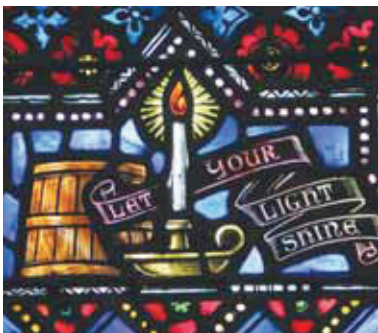
As a Christian, I believe that life continues after death of the body. In living we must be very aware of what we pay the most attention to. If we focus only on the hard goods of life and living and do not make space for the spiritual within ourselves, the potential for one's spirit and soul being deficient or malnourished becomes greater.

When we have conversations about these matters with our loved ones, perhaps other questions will surface. If we consider incorporating the spiritual possibilities, we may find the fruit of the spirit.

The fruit of the spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self control. (Galatians 5:22)

Continue to bear good fruit, especially during the summer. It is as good a time as any.

The Reverend Carolynne G. Williams
Canon for Pastoral Care and Elder Ministries



*"For all who are led
by the Spirit of God
are children of God.*

From this week's lectionary



PROGRAMS DURING THE WEEK

TUESDAYS

The Dean's Men's Bible Study: 7-8 a.m., Room 319. Weekly Bible study is led by Sam Candler, the Dean of the Cathedral, and others. *From June through August the group studies lectionary texts for each upcoming Sunday.*

Early Morning Women's Bible Study: 7-8 a.m., Walthour Library. *This group will resume meeting in September.*

St. Veronica's Guild: The guild offers fellowship as members give time, raise funds, and collect goods to support Church of the Common Ground, Holy Comforter Church, Crossroads Community Ministries, Emmaus House, and Rainbow Village. Periodic guild fundraisers benefit other charities in our community and beyond. The guild meets on **second Tuesdays, September -May, at 10:30 a.m. in Lanier House.** Contact Lane Barnum, 678-713-9112, lbarnum6@yahoo.com.

St. Monica's Guild: The guild meets the **second and fourth Tuesdays at 7 p.m. in the Gould Room** and focuses on support for and fellowship among mothers of school-age children and younger. Contact Mary Caroline Cravens, 404-869-5686 or marycarolined@cs.com. *This group will resume meeting in September.*

Daughters of the King: The group meets the **second Tuesday of the month at 5:15 p.m. in Mikell Chapel** to offer the Daughters of the King (DOK) daily prayers. After prayers we have a light supper in room 239 or at a local restaurant. All women are welcome. The DOK is a group of Episcopal women who focus on prayer, service, and evangelism. Contact Cathy Hutcheson at 770-451-0907 or jchutcheson@juno.com. *This group will resume meeting on September 9.*

WEDNESDAYS

The Dean's Women's Bible Study: 10:45-11:45 a.m., Room 319. Weekly Bible study is led by Sam Candler, the Dean of the Cathedral, and others. *From June through August the group studies lectionary texts for each upcoming Sunday.*

Eat Your Word Bible Study: Noon, Room 239. Canon Wallace Marsh leads this bible study. This summer we will be studying the life and writings of Dietrich Bonhoeffer.

St. Elizabeth's Guild: The guild meets at **noon on the first Wednesday of the month in Room 381.** We volunteer in the Cathedral Archives, support the Atlanta Day Shelter for Women and Children, and we help with the Cathedral Antiques Show. Contact Carol Clark at 404-233-1591 or caroljclark@bellsouth.net or Lida Askew, 770-435-2455.

Centering Prayer: 6:30-7:30 p.m., Lanier House Chapel. Contact Jeannie Mahood at jmahood@stphilipscathedral.org.

THURSDAYS

Centering Prayer: 4 p.m., Lanier House Chapel. Contact Ann Hickman, mannhick@aol.com.

FRIDAYS

St. Clare's Guild: We welcome all mothers of school-age children (elementary, middle, and high school) to join our guild for outreach both as a group and as an activity with our kids. A schedule is posted at stphilipscathedral.org/stclares. Contact Leah Wilkerson at lsawkerson@comcast.net or 404-603-8574. *This group will resume meeting in September.*

2014 CHAPTER

Rob Adams (Treasurer), Meredith Bateman, Henry Benson, Josh Borden, Cindra Brown, Mary Caroline Cravens (Secretary), Merritt Dyke (Executive Committee-at-Large), Wade Hooper, Grover Maxwell, Randy Rizer, Jennifer Rosenblath (Senior Warden), Ruth Russ, Holly Sims (Junior Warden), Robert Spiotta, Susan Troutman, Caroline Wallace, George Watson, Buddy Weston



CLERGY AND SENIOR STAFF

The Very Rev. Samuel G. Candler
Dean

Dale Adelman, Ph.D.
Canon for Music

The Rev. George M. Maxwell Jr.
Vicar

The Rev. C. Wallace Marsh IV
Canon for Congregational Development and Worship

The Rev. Carolynne G. Williams
Canon for Pastoral Care and Elder Ministry

The Rev. Ricardo Xavier-Zatwon Bailey
Priest Associate

The Rev. John William Harkins III, Ph.D.
Priest Associate

The Rev. Todd D. Smelser
Canon Associate for Pastoral Care

The Rev. Theophus "Thee" Smith, Ph.D.
Priest Associate

Mr. Charles L. Jacobs
Director of Finance

CHAPTER

Ms. Jennifer Rosenblath, *Senior Warden*
Ms. Holly Sims, *Junior Warden*

WORSHIP SCHEDULE

Sunday, July 20, 2014 / Pentecost 6: Proper 11A

Liturgy of the Word

Lesson: Genesis 28:10-19a

Psalm 139: 1-11, 22-23

Epistle: Romans 8:12-25

Gospel: Matthew 13:24-30, 36-43

7:45 a.m. Holy Eucharist, Mikell Chapel
Celebrant and Preacher:
The Rev. Bill Harkins

8:30 a.m. Nurturing Center opens

8:45 a.m. Holy Eucharist, Cathedral
Celebrant: The Rev. Thee Smith
Preacher: Canon Wallace Marsh

9 a.m. Holy Eucharist, Mikell Chapel
Celebrant and Preacher:
The Rev. Bill Harkins

11:15 a.m. Holy Eucharist, Cathedral
Celebrant: Canon Todd Smelser
Preacher: Canon Wallace Marsh

1:30 p.m. La Santa Eucaristia, Mikell Chapel
Preacher: The Rev. Ricardo Bailey

The Nurturing Center opens at 8:30 a.m. each Sunday for children age four and younger.

Children's Chapel: During the 8:45 a.m. service, an age-appropriate Liturgy of the Word is offered in St. Mary's Chapel for children in first through fifth grades and in the Children's Chapel for children three years through kindergarten. Children attending either of these chapel services will process into the Nave at the Offertory to join their parents for Holy Communion.

MUSIC

Sunday, July 20, 2014 / Proper 11A

8:45 and 11:15 a.m. Holy Eucharist / Cathedral Choir (Tenors and Basses)

Timothy C. Takach, *Veni Creator Spiritus*
Maurice Durufé, *Agnus Dei*, from *Messe cum jubilo*

WORSHIP MONDAY-SATURDAY

Daily Office, Year Two

Morning Prayer: 8:45 a.m., Monday-Saturday, Mikell Chapel.

Holy Eucharist: 12:15 p.m., Monday-Friday (Healing on Friday), St. Mary's Chapel.

Evening Prayer: 5:45 p.m., first, second and fourth Thursday, Mikell Chapel.

Centering Prayer: 4 p.m., Thursday, Lanier House Chapel.

Labyrinths: Indoor, 3-8 p.m., most Mondays and Fridays, Child Hall. Call 404-365-1000 to confirm availability. Outdoor, in front of the Lanier House, open daily.

Taizé Service: 8 p.m., third Monday of the month, Mikell Chapel. Labyrinth available at 7 p.m. in Child Hall.

CHILDREN'S AND YOUTH MINISTRIES

LAAMISTAD VOLUNTEERS WANTED

Our partnership with LaAmistad, afterschool tutoring and mentoring for first-generation American students from Garden Hills Elementary School, will continue to grow this fall. We will offer a full Godly Play session to the children on Mondays from 2:45–3:45 p.m. and an opportunity to integrate the Biblical narrative into their everyday lives through a book study on Wednesdays from 2:45–3:45 p.m. If you are interested in volunteering with this ministry beginning in mid-August, contact Mary Hunter Rouse at mrouse@stphilipscathedral.org for details. Ideally the volunteers who participate in this portion of our LaAmistad program would be trained in Godly Play, though that is not a requirement. The next Godly Play training will be **July 31–August 2**. Please contact Mary Hunter to register. We are also recruiting tutors for the academic portion of the program to volunteer on Mondays and/or Wednesdays from 3:30–5 p.m.



Mary Hunter Rouse

HELP MAKE SANDWICHES THIS SUMMER!

Children, youth, and their families are invited to meet in Room 316 on **July 20 and 27** at 10:10 a.m. for a Godly Play story followed by sandwich making for the SmartLunch/Smart Kids program. We will pack 100 lunches each week to go to children who receive free lunch during the school year.

We also need drivers to deliver lunches on Monday morning (**July 21 and 28**) to Tucker First United Methodist Church between 9 and 10:15 a.m. Please contact Mary Hunter at mrouse@stphilipscathedral.org if you are available to make the deliveries!



2014 SENIOR EYC RAFTING RETREAT: "OUT OF THE WATER"

The Cathedral "Senior EYC," that is 9th-12th grade Episcopal Youth Community, is going rafting **August 23-24!** Before school and sports get too crazy, join your friends for a weekend rafting down the Ocoee River, horseback riding or ropes course, a bonfire and s'mores, relaxation and games, in Tennessee. Come explore what God is speaking to you for the new school year.

Get all the details and the registration form on the Cathedral youth website: www.stphilipscathedral.org/youth. Cost is \$135. Scholarships are available. Registration deadline is **Sunday, August 10**.

PRAYERS

For those who are ill or recovering:

Priscilla and Sterling Beale
Lawrence Cowart
Bettie Driver
Matilda Dobbs
Terry Dornbush
Mary Elrod
Pat Glomb
Karen Klein
Helen Miller
John Miner
Mary Ann Neale
Ruth Swanson

Julia Alston
Rodger Beatty
Sara Beebe
Bobby Bendlin
Meredith, Adam and Leo
Bugenske
Andrew Clark
Barbara Daniel
Samuel Dedonatis
Lisa & Bill Dishman
Jane & Jim Farley
Bob Hillegas
Karl Hutzler
Judith Klauba

Pat Krebs
Margaret Winders Kuhn
Chen Ying Liang
Jack Lyle
Jan and Dan McPherson
Michael McRae
Robert Ethan Myers
Linda O'Hara
John Thompson
Esther, Ted, Katherine and Ben
Williams
Stephen Williamson

For those who have died:
The Venerable Arthur J. Monk
Debbie Shelton
Isabel Wright

For all those serving their country away from home, for their safe return, and for their families who wait for them

For all expectant parents



SUNDAY BREAKFAST AT THE CATHEDRAL

On the menu: sausage biscuits (\$2.50), muffins (\$2), cinnamon rolls (\$2), danishes (\$1.50), bagels (\$1.50), seasonal fruits (50 cents) and orange or apple juices (50 cents).

7–9 a.m. in Child Hall

MEMBERSHIP

Births

Levi Williams, son of Wendy and Chris Williams, brother of Mack and Chip Williams, born June 25, 2014

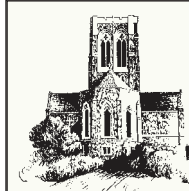
Deaths

Debbie Shelton, wife of Charlie Shelton, mother of Ashley Shelton and Lara Ratcliff (Alan), grandmother of Elizabeth and Chip Ratcliff, died July 11, 2014

Isabel Wright, wife of Hugh Wright, died June 27, 2014

Weddings

Rebecca Storace and Diane Wizig, married July 4, 2014



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CATHEDRAL TIMES SUBMISSION DEADLINES: For the **Sunday, July 27** issue, the deadline is **Wednesday, July 16**. For the **Sunday, August 3** issue, the deadline is **Wednesday, July 23**. Please email announcement requests to the editor, Dan Murphy at dmurphy@stphilipscathedral.org. Learn more about upcoming events, download sermons, and access contact information at stphilipscathedral.org.

To receive the newsletter by email, please send your request to Dan Murphy at dmurphy@stphilipscathedral.org



SUNDAY CLASSES AT 10:10 A.M.

ESSENTIAL BIBLE STORIES (CHILD HALL)

This summer we're focusing on the stories of the Bible. Join us as we look at a different story each week and consider why it is fundamental to the faith and essential to our life in the world today. Each session will be led by a different speaker. On **July 20**, Jennifer Van Horn will lead the discussion on "The Best Drama in the Apocrypha: The Book of Tobit." The full schedule can be found at stphilipscathedral.org/ofss.

GREEK CLASSES (ROOM 356)

Both *Beginning Biblical Greek* and *Continuing Greek* classes will continue to meet on **Sundays, July 20 and 27**. *Beginning Biblical Greek* is offered on a drop-in basis at 10:10 a.m. *Continuing Biblical Greek* is offered on Sundays from 1:15–2:45 p.m. for anyone who wants to learn the basics of translation. For more information visit stphilipscathedral.org/greek or contact the Rev. Thee Smith at thee.smith@emory.edu.

ECW

ST. MONICA'S SUPPORTS EMMAUS HOUSE SCHOOL SUPPLY DRIVE

St. Monica's Guild is having a school supply drive for Emmaus House this month. Collection bins are in the Atrium until **July 22**. The items we are collecting this year are: gender-neutral backpacks, #2 pencils, notebook paper, folders with pockets, pencil sharpeners, rulers, crayons, glue sticks, white glue, children's scissors, pencil boxes, and inexpensive calculators. Contact Bridget James at bbjames11@gmail.com with questions.

HELP ST. ANNE'S GUILD STOCK BUCKHEAD CHRISTIAN MINISTRY'S PANTRY

August is Food Drive Month at the Cathedral as St. Anne's Guild reaches out to you for donations of food and/or checks of \$20 or more in support of Buckhead Christian Ministry (BCM). We ask your special help this month to ensure that BCM has plenty of food on hand for anyone who needs our support. Please stop by our table in the Atrium each Sunday in August for a list of food items and a grocery bag or two, or simply write a check for \$20 or more (the equivalency of a well-stocked grocery bag) to the Cathedral of St. Philip, with BCM in the memo line.



The Cathedral Thrift House is on the move

The Cathedral Thrift House will move a block north to **1893 Piedmont Road** in August. Your patience is appreciated as parking at the current location is a challenge right now. Your donations are appreciated as well; please keep them coming!

The Thrift House is open Monday through Saturday, 10 a.m.–4:30 p.m. Donations are accepted until 4 p.m. daily.

Current location: 1837 Piedmont Road | 404-876-5440