

CATHEDRAL TIMES

The Weekly Newsletter of the Cathedral of St. Philip, Serving the City and Diocese of Atlanta

March 30, 2014

The Cathedral Welcomes Bishop Whitmore and an Amazing Group of Confirmands this Sunday!

This Sunday, March 30, at the 11:15 a.m. worship service, 23 adults will be either confirmed, received, or reaffirmed and approximately 100 youth will be confirmed by Bishop Keith Whitmore. The names of those in the service are below.



Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind."

From this week's lectionary
John 9:1-41

YOUTH TO BE CONFIRMED

Joseph Samuel Adams II
Ansley Hope Adzema
Eliza Jane Anderson
Rowland Mason Anthony
Amelia Elizabeth Ault
John Thomas Beckley
Robert Joseph Beckley
George Parker Berman
Gracen Ashley Betts
Mary Presley Bird
Samuel Marks Boykin IV
Walter Davenport Stapleton
Boykin

George Whitfield Blount
Greer Woodruff Blount
Maxine Wellborn Brannon
Stella Wright Brannon
Elizabeth Kelly Brennan
Lillian Parsons Chubb
Micayla Stanton Cochran
Leo Samuel Culp
Margaret May Cushman
John Edward Czabala
Garrett Miller Davis
Moss Claiborne Davis
Harrison McCollister DeLong
Anna Bailey Duffy
Emma Calhoun Ellis
Simons Pinckney Finnerty
Asher Stephen Flanagan
Elise Cherstyn Flanagan
Dorothy Isabel Fuqua
Justin Jackson Gleason
Ashley Campbell Gumpert

Anna Carr Hanks
Williams Crittenden Hay Jr.
Zachary Hutcherson Hay
Georgia Leland Heery
Clare Ann Henderson
James Edwin Hickey IV
William Sanders Hickey
Suzanne Cox Hollis
Sloan Callaway Hooper
Caroline Orme Huger
Matthew Barker Jasmin
Keillor Anne Johnston
Jordan Lewis Jones
Laurel Anne Kazazian
Emily Hutchison Kibler
Jordan McKenzie Kilgallen
Matthew Alan Knowlton
Mary Hamilton Lanier
Virginia Forsyth Latham
Lily Grace Leebern
Andrew James Lingle
Katherine Armistead Loughran
Evan Buchanan Mapes
Louisa Henderson Martin
Sarah Elizabeth Matthews
Reilly Culver McClain
Charles Holmes McCollum
Molly Reed Mitchell
William Dixon Molloy
Reilly Lynn Murtaugh
Margaret Virginia O'Neal
Charles Magalis Padgett
Emily Adrianna Patterson
James William Paxton

Charles Robert Perkins
Mary Elizabeth Pittman
Virginia Payne Pittman
Mary Elizabeth Ray
Connor David Reak
Bradley Clifford Reeves Jr.
Lindsey Caroline Reeves
Jane Cabell Reynolds
Caroline Moore Rhodes
William Burgess Rhodes III
John Hatton Richardson
Murphy Cox Rief
William Calhoun Robbins
William Collins Roberts
Kimball Ratchford Robinson
Maxwell Duprey Russ
Frederick Newman Sager III
James Devon Sanders
EmmiRose Scates
Tallulah Grace Schley-Ritchie
John Taylor Settles
Catherine Marshall Simons
William Everett Smulders
Marianna Brooks Spiotta
James Bailey Taylor
Elizabeth Nelson Tyer Jones
Truman Jesse Vick
John Witherspoon Wallace III
Sara Lackey Wilkerson
Grace Margaret Willoughby
Jackson Leon Wilson IV
Davis Meriwether Woodruff
Robert Mason Redway Wright Jr.

ADULT TO BE BAPTIZED

Katherine Lamb Rosengren

ADULTS TO BE CONFIRMED

Meaghan Goodwin Boyd
Allison Clark Conrad

Joe Dennis Goodwin
Steven Russell Smoak

Helen Wooding Walker

ADULTS TO BE RECEIVED

Lucile Ezell Anderson
Michael James Anderson
Needham Bryant Bateman IV
Nicholas Skye Carlson
Ernie Wright Darby Jr.

Timothy James Dwyer
Scott Allen Eaves Jr.
Hayden Blake Headley
Robert Christopher Henry
George Bardin Hooks Jr.

Kathryn Ozier Howell
Dana Robert Johnson
Susan Polk Van Slyke

ADULTS RE-AFFIRMING THEIR FAITH

Carolyn Covington Byrd
Kimberly Hastings Flanagan

Carole Lartz Goodwin

Brent Roswell Rosengren



2014 CHAPTER

Rob Adams (Treasurer), Meredith Bateman, Henry Benson, Josh Borden, Cindra Brown, Mary Caroline Cravens (Secretary), Merritt Dyke (Executive Committee-at-Large), Wade Hooper, Grover Maxwell, Randy Rizer, Jennifer Rosenblath (Senior Warden), Ruth Russ, Holly Sims (Junior Warden), Robert Spiotta, Susan Troutman, Caroline Wallace, George Watson, Buddy Weston

PROGRAMS DURING THE WEEK

TUESDAYS

The Dean's Men's Bible Study: 7-8 a.m., Room 319. Weekly Bible study is led by Sam Candler, the Dean of the Cathedral, and others.

Early Morning Women's Bible Study: 7-8 a.m., Walthour Library, led by Canon Beth Knowlton. We will be studying the gospel of Matthew.

St. Veronica's Guild: The guild offers fellowship as members give time, raise funds, and collect goods to support Church of the Common Ground, Holy Comforter Church, Crossroads Community Ministries, Emmaus House, and Rainbow Village. Periodic guild fundraisers benefit other charities in our community and beyond. The guild meets on **second Tuesdays, September-May, at 10:30 a.m. in Lanier House.** Contact Lane Barnum, 678-713-9112, lbarnum6@yahoo.com.

St. Monica's Guild: The guild meets the **second and fourth Tuesdays at 7 p.m. in the Gould Room** and focuses on support for and fellowship among mothers of school-age children and younger. Contact Mary Caroline Cravens, 404-869-5686 or marycarolined@cs.com.

Daughters of the King: The group meets the **second Tuesday of the month at 5:15 p.m. in Mikell Chapel** to offer the Daughters of the King (DOK) daily prayers. After prayers we have a light supper in room 239 or at a local restaurant. All women are welcome. The DOK is a group of Episcopal women who focus on prayer, service, and evangelism. Contact Cathy Hutcherson at 770-451-0907 or jchutcherson@juno.com.

WEDNESDAYS

The Dean's Women's Bible Study: 10:45-11:45 a.m., Room 319. Weekly Bible study is led by Sam Candler, the Dean of the Cathedral, and others.

Eat Your Word Bible Study: Noon, Room 239. Canon Beth Knowlton leads the Bible study. Bring your lunch and be ready for a lively conversation!

St. Elizabeth's Guild: The guild meets at **noon on the first Wednesday of the month in Room 381.** We volunteer in the Cathedral Archives, support the Atlanta Day Shelter for Women and Children, and we help with the Cathedral Antiques Show. Contact Carol Clark at 404-233-1591 or caroljclark@bellsouth.net or Lida Askew, 770-435-2455.

Centering Prayer: 6:30-7:30 p.m., Lanier House Chapel. Contact Jeannie Mahood at jmahood@stphilipscathedral.org.

THURSDAYS

Spiritual Direction for Women Group: 9:30-11 a.m., **second Thursdays of the month, Lanier House Library.** Contact Canon Beth Knowlton, 404-365-1043 or bknowlton@stphilipscathedral.org.

Centering Prayer: 4 p.m., Lanier House Chapel. Contact Ann Hickman, mannick@aol.com.

FRIDAYS

St. Clare's Guild: We welcome all mothers of school-age children (elementary, middle, and high school) to join our guild for outreach both as a group and as an activity with our kids. A schedule is posted at stphilipscathedral.org/stclares. Contact Leah Wilkerson at lsawkerson@comcast.net or 404-603-8574.



CLERGY AND SENIOR STAFF

The Very Rev. Samuel G. Candler
Dean

Dale Adelman, Ph.D.
Canon for Music

The Rev. Elizabeth C. Knowlton
Canon for Liturgy and Prayer

The Rev. George M. Maxwell Jr.
Vicar

The Rev. C. Wallace Marsh IV
Canon for Congregational Life

The Rev. Carolynne G. Williams
Canon for Pastoral Care and Elder Ministry

The Rev. Ricardo Xavier-Zatwon Bailey
Priest Associate

The Rev. John William Harkins III, Ph.D.
Priest Associate

The Rev. Todd D. Smelser
Canon Associate for Pastoral Care

The Rev. Theophus "Thee" Smith, Ph.D.
Priest Associate

Mr. Charles L. Jacobs
Director of Finance

CHAPTER

Ms. Jennifer Rosenblath, *Senior Warden*
Ms. Holly Sims, *Junior Warden*

WORSHIP SCHEDULE

Sunday, March 30, 2014 / Lent 4, Year A

Liturgy of the Word

Lesson: 1 Samuel 16:1-13

Psalm 23

Epistle: Ephesians 5:8-14

Gospel: John 9:1-41

7:45 a.m. Holy Eucharist, Mikell Chapel
Celebrant and Preacher:
The Rev. Ricardo Bailey

8:30 a.m. Nurturing Center opens

8:45 a.m. Holy Eucharist, Cathedral
Celebrant: Dean Sam Candler
Preacher: The Rev. Bill Harkins

9 a.m. Holy Eucharist, Mikell Chapel
Celebrant and Preacher:
The Rev. Ricardo Bailey

11:15 a.m. Holy Eucharist and Confirmations, Cathedral
Celebrant and Preacher:
Bishop Keith Whitmore

1:30 p.m. La Santa Eucaristia, Mikell Chapel
Preacher: The Rev. Ricardo Bailey

4 p.m. Evensong and Holy Eucharist, Cathedral
Officiant: Canon Beth Knowlton
Preacher: Canon Wallace Marsh

The Nurturing Center opens at 8:30 a.m. each Sunday for children age four and younger.

Children's Chapel: During the 8:45 a.m. service, an age-appropriate Liturgy of the Word is offered in St. Mary's Chapel for children in first through fifth grades and in the Children's Chapel for children three years through kindergarten. Children attending either of these chapel services will process into the Nave at the Offertory to join their parents for Holy Communion.

MUSIC

8:45 a.m. Holy Eucharist / All Choristers

Steven Rickards, *Little Lamb*
Benedetto Marcello, *Give ear unto me*

11:15 a.m. Cathedral Confirmations and Holy Eucharist / Cathedral Schola

David Ashley White, *Amazing grace*
Richard Shephard, *O for a thousand tongues to sing*
Charles Villiers Stanford, *Beati quorum via*

3:15 p.m. Recital / Perimeter Flutes (Atlanta)

Nicole Chamberlain, *French Quarter*
Charles Knox, *Music for the Outer Edge*
Melvin Lauf, *Appalachian Sketches*
Catherine McMichael, *A Gaelic Offering*

4 p.m. Choral Evensong / Choir of St. Luke's Episcopal Church, Atlanta, Arlan Sunnarborg, Director of Music; Charles Higgs, Music Associate

Josef Rheinberger, *Abendlied*
Arlan Sunnarborg, *Preces and Responses, St. Luke's, Atlanta*
Charles Villiers Stanford in C
René Clausen, *Prayer*
Herbert Howells, *Like as the hart*

WORSHIP MONDAY-SATURDAY

Daily Office, Year Two

Morning Prayer: 8:45 a.m., Monday-Saturday, Mikell Chapel.

Holy Eucharist: 12:15 p.m., Monday-Friday (Healing on Friday), St. Mary's Chapel.

Evening Prayer: 5:45 p.m., first, second and fourth Thursday, Mikell Chapel.

Centering Prayer: 4 p.m., Thursday, Lanier House Chapel.

Labyrinths: Indoor, 3-8 p.m., most Mondays and Fridays, Child Hall. Call 404-365-1000 to confirm availability. Outdoor, in front of the Lanier House, open daily.

Taizé Service: 8 p.m., third Monday of the month, Mikell Chapel. Labyrinth available at 7 p.m. in Child Hall.

ADULT EDUCATION

Join us for the following Adult Sunday School classes at **10:10 a.m.** Please contact the Rev. George Maxwell at gmaxwell@stphilipscathedral.org if you have questions about Adult Education.

THE DEAN'S FORUM: LOVE LIFE (CHILD HALL)

On most Sunday mornings during Lent, Dean Sam Candler will "Love Life!" "Love Life" is the faith formation series being presented this by SSJE, the Society of St. John the Evangelist. Using short video presentations from these monks, we will discuss love and life! This class will meet again on April 6.

OLD-FASHIONED SUNDAY SCHOOL (ROOM 133)

Jesus taught his disciples that it was easier for a camel to go through the eye of a needle than for a rich man to enter heaven. This teaching has challenged Christians since the day that Jesus said it and, in particular, since the last days of the Roman Empire when the church and its members began to accumulate real wealth. We'll spend Lent this year talking about what our possessions mean to us and how they shape the way we look at the world around us, other people, and God. Each week, we'll talk about a different aspect of the confusion that we often experience between being and having, all with the hope that we will rise to greet Easter morning with a greater sense of gratitude for what we have, and a more mature grounding in who we really are. Join us for this journey. We promise good coffee and lively conversation. The class will be led by Canon George Maxwell, Canon Beth Knowlton, and Mack Leath. We look forward to seeing you there.

MARRIAGE CONVERSATIONS (ROOM 121)

Join us for "Marriage Conversations," **Sundays through March 30.** This course will be an opportunity for couples to get to know each other and share ways to strengthen their marriage. Topics of conversation include Thankfulness, Healthy Habits, Leaving and Cleaving, Mutual Joy, Money, Communication, Balance, and Children.

THE BOOK OF ISAIAH (ROOM 122)

It is the most quoted book of the Old Testament in the New Testament. Isaiah covers over two hundred years of Jewish history and its theological themes resonate with us all: guilt, punishment, judgment, restoration, salvation and hope. Please join us as we delve into the fascinating book of Isaiah. For more information, please contact Jim Bingham at 404-373-3273 or binghamjim@bellsouth.net or Gordon Mathis at 404-842-1595.

BIBLICAL GREEK (ROOM 356)

Beginning Biblical Greek is offered on a drop-in basis. No previous knowledge of Greek is required. For more information visit stphilipscathedral.org/greek or contact the Rev. Thee Smith at thee.smith@emory.edu.

CONTINUING BIBLICAL GREEK (ROOM 356)

Continuing Biblical Greek classes are offered on **Sundays from 1:15–2:45 p.m.** for anyone who wants to learn the basics of translation. For more information visit stphilipscathedral.org/greek or contact the Rev. Thee Smith at thee.smith@emory.edu.

YOUTH

THURSDAY BREAKFASTS

Girls Breakfast Club, April 3, 6:45 a.m.

Each Thursday morning girls in grades 9–12 meet for breakfast at the Goldberg's at West Paces Ferry and Northside Drive.

Breakfast Bro Time, April 3, at 6:45 a.m.

Boys in grades 8–12 are invited to join the Rev. Ricardo Baily for breakfast at Chic-fil-A on Northside Drive at West Paces Ferry Road. Please RSVP to Father Bailey at rbailey@stphilipscathedral.org to let him know you are coming and to arrange rides to school.

ATLANTA COLOR RUN 5K

Join the 20 Cathedral youth already signed up to run the happiest 5k on the planet! This 5K on **Saturday, April 5 at 8 a.m.** covers you in color paint for every section you run through. Get ready to run, laugh, and get messy! Join our team by following the link at stphilipscathedral.org/youth!

EVERYONE IS INVITED TO RECEPTION AND CONFIRMATION

On Sunday, March 30, at the 11:15 a.m. worship service, approximately 25 adults will be either confirmed, received, or reaffirmed and 100 youth will be confirmed by Bishop Keith Whitmore.

Please join us in celebrating their journey.

There will be a parish reception preceding the confirmation service from 10–11 a.m. in Child Hall.

SAVE THE DATES!

Mark your calendar: the annual Cathedral Parish Retreat to Kanuga in Hendersonville, NC will be **Friday, May 23 to Sunday, May 25.**

A Pilgrimage through the Passion

On **Saturday, March 29, at 7:30 p.m.**, The Cathedral Choir and Schola will offer a musical pilgrimage to contemplate the surpassing love of God for humankind as expressed in the suffering and passion of Jesus. As far as I can ascertain, this will be the first complete Atlanta performances of both of the sacred masterworks on the program.

The first work, *Lo, the full final Sacrifice* happens to be my personal all-time, most-beloved extended anthem. English composer Gerald Finzi's musical setting (1946) of its image-rich poetry (12th-century Aquinas, translated by the early 17th-century English poet, Richard Crashaw) is a work with which I have lived for a quarter century, and every encounter with it is more meaningful than the last. Over sixteen minutes that slip by in what seems a few masterful minutes, Finzi's glorious harmonies enliven every syllable of the text as it moves effortlessly from sections that are tender and sublime to others that are thrilling, joyous, and even overwhelming. It is a masterful meditation on Christ's sacrifice, God's unending love, and the Eucharist. This work is rarely performed in North America, due both to its length and the demands it makes of the choir and the organist, but it is a sacred masterpiece that is instantly lovable and inexhaustibly profound.

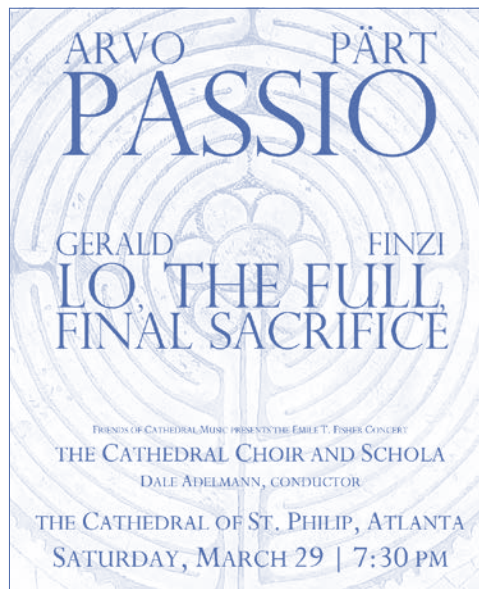
The second work on the program is *PASSIO*, a setting of the passion of Christ as told in the gospel of John. The contemporary Estonian composer Arvo Pärt employs a singular musical language that is simple in its complexity, yet fresh

and deeply rooted in the tradition of his own Orthodox Christian faith. The narrative is told dispassionately, using musical materials that are minimalist and enhanced by an integral use of silences, all of which draws one gradually into a stillness of soul that makes this experience of the passion far more a spiritual pilgrimage than a dramatic retelling of an historical event. In many ways, experiencing *PASSIO* is not unlike the contemplative experience of walking a labyrinth, which is why we are using that image as a symbol of this sacred musical encounter. If you relax into this experience and allow yourself to be completely present in the moment, by the time we reach the end, I believe you will sense the presence of God in a way that is at once surprising, palpable, deeply moving and even humbling.

We are pleased that the Cathedral's Spiritual Formation and Nurture Committee has agreed to partner with us to make the indoor labyrinth available in Child Hall on the evening of the concert. For those who wish to add this element to the evening's pilgrimage, the labyrinth will be available for several hours prior to, and for one hour following the concert. The new outdoor labyrinth in front of Lanier House, of course, is always available.

I encourage you to take time in your Lenten observance to make this trek with us. Tickets for the concert are available at discounted rates from the Cathedral Book Store, 404-237-7582 prior to the day of the concert, and online at stphilipscathedral.org/concerttickets.

—Dale Adelman, Canon for Music



EASTER FLOWER DONATIONS

Please consider making a donation for flowers, in memorial or thanksgiving, to decorate the Cathedral for Easter Day. The deadline is **Wednesday, April 16**. Visit the Flower Guild table in the Atrium on Sundays, complete and return the form below, or make your donation online at www.stphilipscathedral.org.

REQUEST FOR EASTER ALTAR FLOWERS

Please list the name (or names) as you want them to appear:

In Memorial for: *In Thanksgiving for:*
NAME(S): _____

In Memorial for: *In Thanksgiving for:*
NAME(S): _____

In Memorial for: *In Thanksgiving for:*
NAME(S): _____

In Memorial for: *In Thanksgiving for:*
NAME(S): _____

Please complete the following information about you:

YOUR NAME(S): _____

DAYTIME PHONE: _____ DATE: _____

Please include a check with your request, made payable to: The Cathedral of St. Philip. While any gift is appreciated, a minimum of \$50 per printed line is suggested. Checks and forms should be sent to: The Cathedral of St. Philip, Attn.: Jeannie Mahood, 2744 Peachtree Rd., NW, Atlanta, GA 30305. You may also make arrangements by contacting Jeannie Mahood, 404-365-1034 or jmahood@stphilipscathedral.org.

LENT

ATTEND THE EMILE FISHER LENTEN CONCERT, WALK THE LABYRINTH



The Spiritual Formation and Nurture Committee is delighted to partner with the Cathedral Choir and Schola and Friends of Cathedral Music in their Lenten offering by making the indoor labyrinth available before and after the Emile Fisher concert on **Saturday, March 29**. We hope the opportunity to either begin or end the concert with walking the labyrinth, will enhance your experience of the pilgrimage the concert offers. The labyrinth provides us with a wonderful metaphor for pilgrimage. Medieval Cathedrals were often used in this way to symbolize a journey to the holy land. The canvas labyrinth and outdoor labyrinth here at St. Philip's are modeled on the one at Chartres Cathedral. There has been a wonderful resurgence in interest in labyrinths as a way of praying in recent years. There is something very grounding and centering about slowing down and using movement to embody our prayer. Labyrinths and their patterns are ancient, predating Christianity. But, like many powerful symbols, they have been reinterpreted in a Christian context, like many of our church feasts and celebrations. They are found in many settings as places of quiet and reflection, such as hospitals and public spaces.

—The Rev. Canon Beth Knowlton, Canon for Liturgy and Prayer

CATHEDRAL BOOK STORE

BOOKS FOR ALL SEASONS

You are not too late to start your Lent in the middle of Lent or go wild and begin Easter early! The Cathedral Book Store has the books for you. When you can't sing a hymn do you ever just read the words and think, wow, that's inspirational. There is a good chance the hymn was written by Charles or John Wesley. A new book by Paul Wesley Chilcot, *The Song Forever New: Lent and Easter with Charles Wesley*, has a lesson, meditation, and hymn for every day in Lent and Easter. You may start on today's date and read the one's you missed next year! Successive generations of students of Dr. Russell Schulltz-Widmar at the Episcopal Seminary of the Southwest have written meditations on the great hymns. They have been gathered in Dr. Scholtz-Widmar's book *Praises Abound: Hymns and Meditations for Lent and Easter*. The theme here is music; pick up a CD of great hymns of the church for this season. If you have been incommunicado you may not have heard that Bishop Wright has written a book called *Beginning again with God: 40 meditations for starting over*. Tempus Fugit! Drop what you are doing and head to the Cathedral Book Store today.



Lenten Series led by Luke Timothy Johnson



**PRACTICAL
CHRISTIANITY:
LESSONS FROM THE
LETTER OF JAMES**

**Wednesdays: April 2, 9
at 7 p.m. in Child Hall**

Dr. Luke Timothy Johnson is leading a five-part Lenten series called *Practical Christianity:*

Lessons from the Letter of James. Possibly the earliest extant Christian composition, the Letter of James is a powerful witness to the Jesus movement in its first years, using the words of Jesus himself to shape its call to a life of integrity in the world. James does not make easy reading for comfortable believers. It uses strong language and it demands hard things of those who wish to follow Jesus, above all that faith be expressed in practical deeds. In this series of presentations, we will consider James' instruction on friendship with the world and friendship with God, on the evils of discrimination among rich and poor, on the power and peril of speech, and on the importance of forming a community of mutual care.

Luke is the Robert W. Woodruff Professor of New Testament and Christian Origins at the Candler School of Theology at Emory University. A former Benedictine monk, he has taught at Yale Divinity School and Indiana University. He is the author of more than 20 books, including *The Real Jesus: The Misguided Quest for the Historical Jesus and the Truth of the Traditional Gospels*, and *The Writings of the New Testament: An Interpretation*, which is used widely as a textbook. He has also published several hundred articles and reviews.

WEDNESDAY NIGHT HOLY EUCHARIST AND DINNER

Before going to Luke Timothy Johnson's presentations, please consider attending Holy Eucharist at **5:45 p.m.** in Mikell Chapel and then having dinner in Child Hall.

5:45 p.m. Worship Schedule:

April 2 – Canon Beth Knowlton | **April 9** – The Rev. Thee Smith

EPISCOPAL CHURCH WOMEN

WOMEN'S HABITAT BUILD DAY

Dear Women of the Cathedral, I'm reaching out to you on behalf of the Cathedral's Episcopal Church Women (ECW). Some of you may not realize that you are a member of this group, but if you are a woman and member of the Cathedral—you're in! And as a member, you have a WONDERFUL opportunity to participate in a "Women's Build Day" for the Cathedral Habitat for Humanity home on **Saturday, April 26**. You'll work alongside fellow Cathedral ECW at-large and guild members to build a home for a deserving family. What a great way to build community among the women of the church while serving others!



Build activities will include finishing siding and caulking, painting the exterior and interior, maybe even installing some baseboard, window sills or interior trim. Never done this sort of thing before? Don't worry, neither have I! There will be helpers to guide us. Lunch is provided on the build site by the fabulous Cathedral Habitat Food Team.

We'll meet at 7:30 a.m. at Peachtree Battle Starbucks and carpool to the build site. The day will end around 4 p.m.

To participate in this special event, please sign up at the Habitat table in the Atrium on any Sunday prior to April 26 or click on the SIGN UP GENIUS link at stphilipscathedral.org/ecw.

Come join us for this special day!!
Talley Hultgren, ECW President, 2014

TOILETRIES NEEDED FOR OUTREACH

Have you just returned from or just about to leave for spring break? Well, then St. Veronica's Guild could use your help!

St. Veronica's collects and distributes unopened individual/sample sized toiletry items to support the work of Church of the Common Ground, Holy Comforter Church, Crossroads Community Ministries and Rainbow Village. Big needs include:

- Men's items, such as razors and shaving cream
- Men's and ladies deodorants
- Feminine hygiene products
- Diapers
- Combs
- Toothpaste and toothbrushes
- Emery boards
- Wash cloths

If you run across any of the above in your travels or weekly shopping trip, scoop them up and bring them to church! Donations are taken any time! Just drop them off at the Information Desk in the Atrium labeled "For St. Veronica's." Remember—only unused, unopened items are accepted!

And if you have any department store makeup or perfume samples or goody bags, bring those too! Larger items are given to Holy Comforter to use for bingo prizes.

The St. Veronica's Guild ladies can find a home for any personal care item that is in good shape and unopened!

OUTREACH

BUILD HOPE WITH HABITAT

Our home building begins on Saturday, March 29 and runs through May 17. This year we partner with volunteers from Big Bethel AME Church, Sterling United Methodist Church, Wieuca Road Baptist Church, St. Luke's Presbyterian Church in the construction. If you have built before, come join again. If you have never built, come be part of this exciting ministry. No skills required, just your enthusiasm. We will give you the tools and training that you need to make a contribution. You may sign up in the Atrium or contact John Champion at john.champion@kurtsalmon.com or 404 307-0817 to receive additional information.

PRAYERS

To have a name placed on the prayer list, please call the Pastoral Care office, 404-365-1034. Persons must give permission to be placed on the prayer list. On Sunday mornings we pray for parishioners who are in the hospital or recovering at home. Hospitals no longer notify us when a member is a patient. Therefore, we depend on family and friends to let us know when a parishioner has been admitted.

For those who are ill or recovering:
Priscilla Harrison Beale
Bettie Driver
Brenda Farmer
Pat Glomb
Elsie Gould
Margaret Jackson
John Miner
Mary Ann Neale
Jeanne Shaw
Debbie Shelton
David Bussie
Julia Alston
Sara Beebe
Peggy and Robert Benton
Kristin Borcheck
Meredith, Adam and Leo
Bugenske
Andrew Clark
Della Felicanni
Miguel Gatins
Paul Gazaway
Jennifer Ham

Judith Klauba
Pat Krebs
Patty Lacombe
Chen Ying Liang
Jack Lyle
Mickie Schierman
Mignon Topping
Stephen Williamson
Margaret Winders
Howard Young

For those who have died:
David Minne
Sally Lockhart
Robin Page
Alyce Sullivan

For all those serving their country away from home, for their safe return, and for their families who wait for them

For all expectant parents

MEMBERSHIP

New Members

Leah and Andrew Mantini, from St. Christopher's Episcopal Church, Spartanburg, SC

Returning Members

Hal Corlew, from Holy Innocents' Episcopal Church, Atlanta

Stimulating the brain through the arts with Mneme Therapy®

**Lunch-n-Learn on Wednesday, April 23,
noon to 1:30 p.m. in the Gould Room**

Cathedral parishioners are invited to a Lunch-n-Learn about Mneme (pronounced “nemma”) Therapy®. There is no charge for this information session, but bring your lunch or buy lunch from the Cathedral kitchen. If you have a family member with challenges such as Alzheimer’s, Parkinson’s, stroke, trauma, autism, Asperger’s, or learning disabilities, you’ll be interested to hear more.

WHAT IS MNEME THERAPY®?

Mneme Therapy® uses everyday pleasurable activities such as singing, movement, painting and storytelling in a unique combination to create whole brain communication and stimulate a natural process called neuroplasticity. Neuroplasticity, is a recent discovery in brain research that describes the ability of the nervous system to adapt to changed circumstances, to find new ways of learning.

IS THIS ART THERAPY?

No, the two therapies are quite different from each other. An art therapist has a specialized education dealing with the psychology of the individual, and deals with expression of feelings and emotional healing. Mneme Therapy®, on the other hand, uses the arts in an instructional way to stimulate the brain’s neuroplasticity. The goal is to find new ways to stimulate the brain to adapt and to rebuild lost functions.

Linda Voogt-Wood, certified master Mneme Therapist, will lead the Lunch-n-Learn session. Linda says, “Since I was a young child I’ve known that I was an artist, so I earned two college degrees focusing on art and education. My primary mediums are oil and watercolor. Teaching and art have always been at the forefront of my activities, whether teaching art classes or exhibiting in galleries. When I came across Mneme Therapy® and Art Without Boundaries, I felt that I had come home. The opportunity to help those with brain disorders by using a combination of the arts seemed perfect for me. These are the activities that keep ME going, so why not share them with those who need them.”

The Cathedral’s Pastoral Care Department is making space available for Linda to work with parishioners and family members on Thursday mornings. If you’re interested in scheduling a Mneme Therapy® appointment, contact Linda at 678-361-5382 or flourishingmindarts@gmail.com. If you’d like to attend the Lunch-n-Learn on **Wednesday, April 23**, rsvp to Jeannie at 404-365-1034 or jmahood@stphilipscathedral.org. More information about Mneme Therapy® can be found at flourishingmindarts.com and artwithoutboundaries.org.



Mickie Schierman (left) created a beautiful floral painting after one session at the Cathedral with Mneme Therapist Linda Voogt-Wood. (Photo by Ann Fowler, Mickie's daughter.)

MONTHLY CAREGIVERS LUNCH

Are you caring for a spouse, parent, or other family member, or grieving the loss of someone for whom you cared? You are invited to join a informal caregivers support group that will meet the second Wednesday of each month, **beginning April 9, at 12:30 p.m. in the Lanier House board room.** The meeting provides a time for connecting with others who are going through similar experiences. Participants may bring a lunch, or purchase a lunch at the Cathedral if they wish. We will share practical information and receive emotional and spiritual support from each other.

Contact the Rev. Carolynne Williams at 404-365-1035 or cwilliams@stphilipscathedral.org if you would like to learn more.

Contact Ann Fowler at afowler@stphilipscathedral.org if you would like to be placed on our monthly email reminder list.

Everyone is welcome.



SIGN UP FOR FOYERS!

Do you enjoy eating good food and meeting new people? Then Foyers is for you! Experience friends, food and fellowship in small groups of 8 to 10 each month beginning with Super Foyers on **Sunday, April 27 at 6 p.m. in Child Hall.** Don't miss out! Please contact Jackie Hollingsworth at 404-281-8282 or jackiech03@gmail.com with your name/names, address and phone number.

**THE CATHEDRAL THRIFT HOUSE
TREASURE OF THE WEEK**

Early 20th century vintage patchwork quilt in excellent condition. Measurements are 64" x 66".

Donate your unloved garden items to the Gardens of Grace event scheduled for **Saturday, May 3!**

THE CATHEDRAL THRIFT HOUSE
1837 Piedmont Road | 404-876-5440

Open **Monday through Saturday, 10 a.m.–4:30 p.m.**
Donations are accepted **UNTIL 4 P.M.** daily.



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CATHEDRAL TIMES SUBMISSION DEADLINES: For the **Sunday, April 6** issue, the deadline is **Wednesday, March 26**. For the **Sunday, April 13** issue, the deadline is **Wednesday, April 2**. Please email announcement requests to the editor, Ann Fowler at afowler@stphilipscathedral.org. Learn more about upcoming events, download sermons, and access contact information at stphilipscathedral.org.

If you would like to receive the newsletter by e-mail, please send your request to Dan Murphy at dmurphy@stphilipscathedral.org.



**BO COLEMAN HIRED
AS FARMERS MARKET
COORDINATOR**

Bo Coleman is leaving the sexton staff to pursue a master of business degree, but he not leaving the Cathedral completely. Bo has accepted a part time position as coordinator with the Farmers Market. "I

enjoy my time at the Cathedral. Everyone has been supportive," Bo says. "I'm not really leaving; I'll see people on Saturdays." Before coming to Georgia, Bo worked in the mental health industry in Tulsa, Oklahoma for two decades. He is a graduate of Oklahoma State University and was in the Air Force for twelve years, serving in Desert Storm. Bo plans to focus his studies on health care and hopes to work as a counselor. Bo is no stranger to the Farmers Market, having helped with it since opening day eight years ago. "We couldn't run the Market without him," says Market Manager Lauren Carey.



**Cathedral
Farmers Market**

*The Farmers Market returns for
its eighth season on April 5!*

There will be kids activities from 8:30 a.m. to noon and a chef demonstration at 10 a.m.

55 vendors with fresh Georgia-grown produce, including strawberries, arugula, lettuces, carrots, mushrooms, leeks, spring onions, wild ramps, kohlrabi, cabbage, sprouts, honey, eggs, cheese, lamb, chicken, pork, beef and more!

THE FARMERS MARKET IS OPEN ON SATURDAYS
BEGINNING APRIL 5 FROM 8:30 A.M. TO NOON
IN THE CATHEDRAL PARKING LOT



Week of Wonder

June 2–6, 9 a.m. to noon

Registration for Week of Wonder 2014, SHINE!, is now open. Children 3 years old (by March 1) through rising 5th Graders are invited to participate.

The cost is \$60 per child, with scholarships available.

For more information or to register, go to stphilipscathedral.org/wow.

The deadline to register is **Tuesday, April 15.**